

Name: \_\_\_\_\_ Date: \_\_\_\_\_ # bags \_\_\_\_\_ # tires \_\_\_\_\_  
Paid \_\_\_\_\_



**WASTE WATCHERS OF THE EASTERN SHORE**

P.O. Box 191  
Onancock, VA 23417  
757-894-9675  
[WasteWatchers.ESVA@gmail.com](mailto:WasteWatchers.ESVA@gmail.com)

**WasteWatchers and Accomack County Litter Crew Safety Guidelines**

**Before you pick up**

- Be sure traffic warning signs at either end of the section of road that you plan to pick up.
- Park in a safe area, as far from the road's edge as possible.
- Never perform litter pickup alone.

**The best time to pick up**

- Do not pick up during peak travel times when traffic is heavy.
- Work only in daylight and fair weather.

**What to wear**

- Always wear an orange safety vest so drivers can easily see you. Put on the vest before you begin to pick up, so you have it on the moment you are on the side of the road.
- In addition to the orange vest, wear brightly colored clothing that protects your arms and legs, as well as hard-soled shoes and work gloves.
- Insect repellent.

**During the pickup**

- Always walk facing traffic, and stay with your crew.
- Crew is to work on only one side of the road at a time.
- Take breaks, drink fluids, and don't overexert yourself.
- Do not pick up litter in the road, close to the edge of the road, and do not pick up litter on median strips.
- Do not pick up litter in construction or maintenance sites, in tunnels, or on bridges or overpasses.
- Avoid snakes and noxious weeds.
- Do not pick up materials that appear to be hazardous. Contact the Litter Control office at 757-710-6097.
- Avoid leaving full bags near curves in the road.

I have read and understand the above safety guidelines.

Name: \_\_\_\_\_  
Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_ # bags \_\_\_\_\_ # tires \_\_\_\_\_  
Paid \_\_\_\_\_



**WASTE WATCHERS OF THE EASTERN  
SHORE**

P.O. Box 191  
Onancock, VA 23417  
757-894-9675

[WasteWatchers.ESVA@gmail.com](mailto:WasteWatchers.ESVA@gmail.com)

Address: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_  
\_\_\_\_\_

Town: \_\_\_\_\_ Zip: \_\_\_\_\_



The most common  
poisonous  
snake/plant on the  
Shore

Copper Head



Poison ivy